



Fulton, Defiance, Henry, Williams Counties, Ohio

www.4countysuicideprevention.org

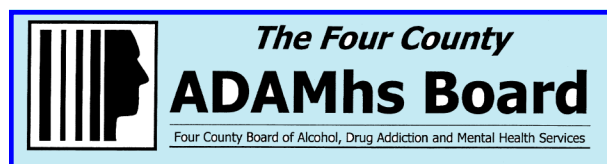
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Depression is Treatable, Suicide is Preventable

Four County Suicide Data

9 Year Summary 2008-2016



Four County 2008- 2016 Suicide Data Summary

Suicide is a public health problem that causes immeasurable pain, suffering, and loss to individuals, families, and communities. During the nine-year period of 2008-2016, the total number of suicide deaths in our four county area of Fulton, Defiance, Henry and Williams counties, Ohio was 159. This raw data is collected from the death certificates located at the local health departments. Deaths are reported by the county in which the death occurred.

The highest number of suicides in our four county area continues to occur among 40-59 year olds (45%), which follows national trends.(1) Males account for 82% of the deaths. The majority of suicides resulted from firearms (38%), followed by hanging (30%), with 72% of area deaths having occurred at the decedent's home.

The Four County Suicide Prevention Coalition was started in 2010 with a \$5,000 grant from the Ohio Suicide Prevention Foundation. The Coalition's goal is to increase awareness, reduce the stigma towards depression, and increase people's ability to seek help. The coalition has grown over the past seven years, and is now comprised of various community agencies such as health departments, schools, colleges, hospitals, law enforcement, 4-H clubs, mental health agencies, as well as survivors after suicide.

In 2016 Coalition initiatives included the Yellow Ribbon Campaign, Stomp the Stigma Campaign, Act Out assemblies, Signs of Suicide, Mental Health First Aid, Survivors After Suicide Support Group, awareness presentations provided to primary care providers, and Local Outreach to Survivors of Suicide response team (L.O.S.S.). The L.O.S.S. Team is one of the primary efforts of the coalition, beginning in May 2015. As a first responder team, L.O.S.S. works to prevent future suicide deaths, by interrupting the cycle of negative coping that puts survivors of suicide at a higher risk for taking their own lives. This approach to suicide prevention is known as "postvention as prevention". L.O.S.S. volunteers are called by law enforcement to respond within hours after a death. Volunteers provide support, information, and hope, with the goal of helping new survivors to feel supported from the very beginning of their tragic loss. A visit from the L.O.S.S. Team has been shown to increase a survivor's awareness of available services, and improve the likelihood that they will seek help. In addition, follow up telephone contact is made with the family for up to one year following the death. Since its inception the Four County L.O.S.S. Team has responded to more than 50 local deaths by suicide.

National data demonstrates that between 1999 and 2014, men aged 45 to 64 experienced a 45% increase in deaths by suicide.(2) Coalition initiatives planned for 2017 include an ongoing awareness campaign targeting this population. This campaign will focus on building collaborative relationships with local gun dealers and sportsman's clubs, in an effort to raise awareness of the correlation between guns and deaths by suicide.

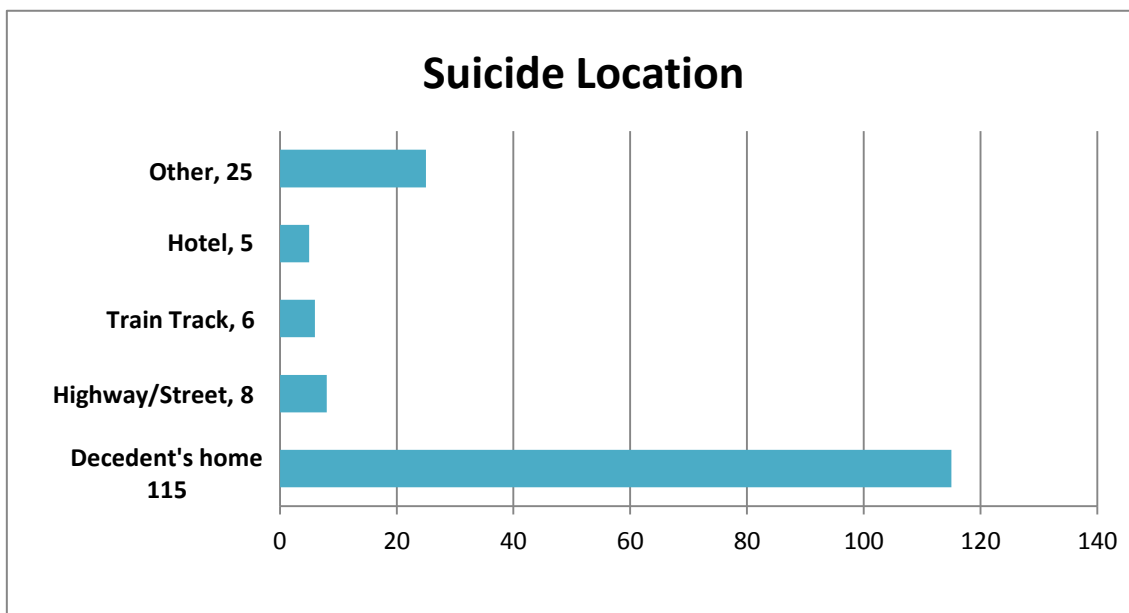
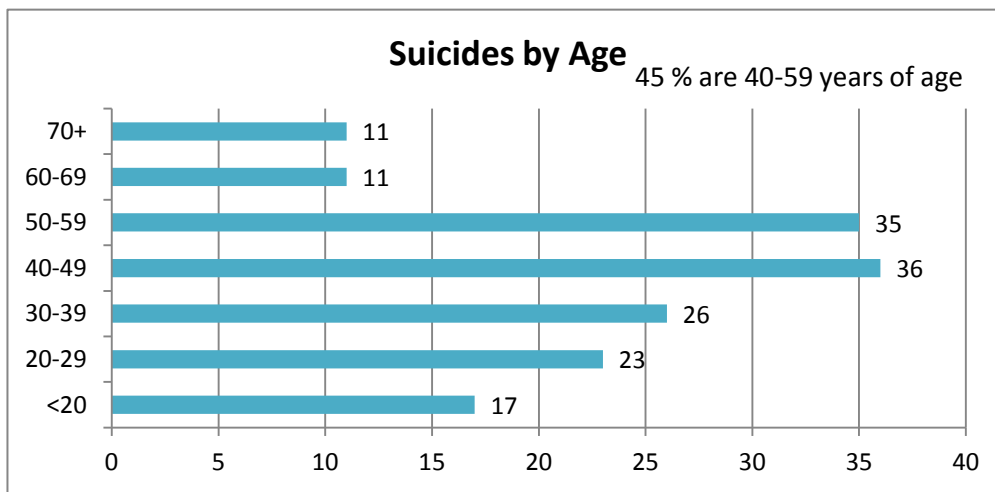
In our belief, one suicide death in our four county area is too many. For more information on our Coalition, visit:

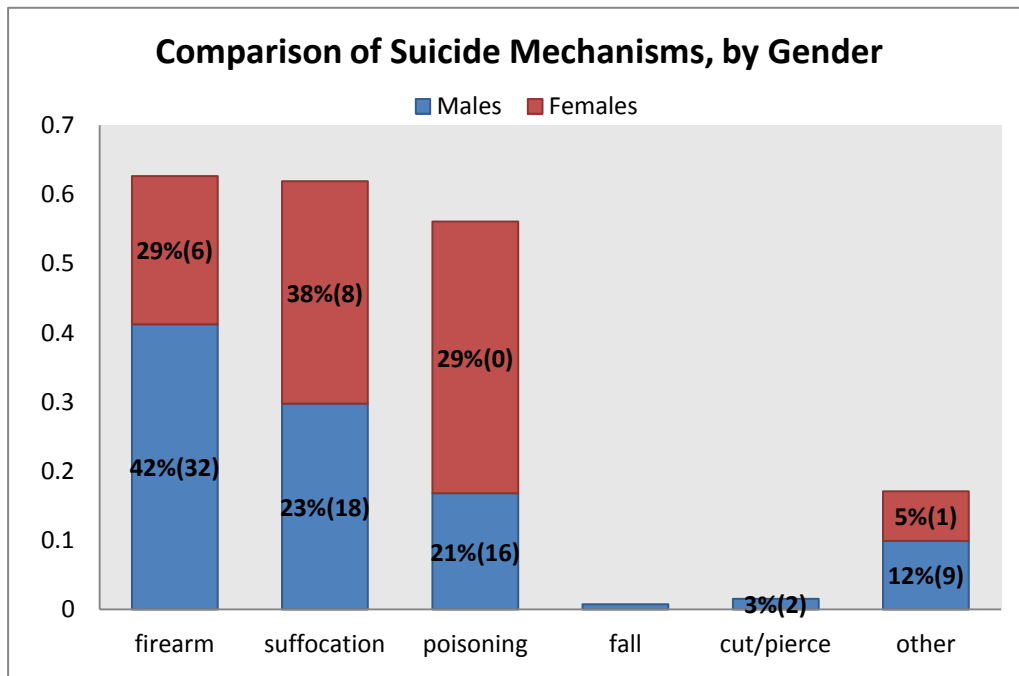
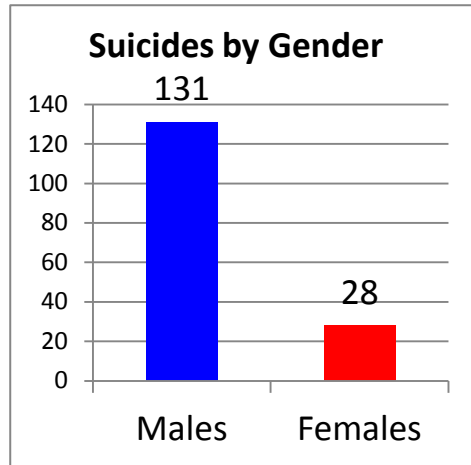
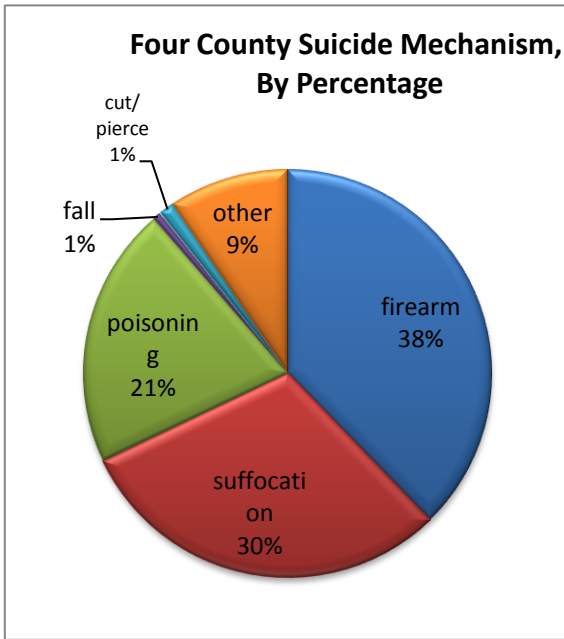
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Suicide Deaths by County

	<u>Defiance</u>	<u>Fulton</u>	<u>Henry</u>	<u>Williams</u>	<u>Total</u>
2008	5	6	2	8	21
2009	9	4	5	4	22
2010	3	8	3	3	17
2011	3	4	5	8	20
2012	1	9	1	3	14
2013	1	5	3	2	11
2014	4	5	4	4	17
2015	5	3	5	1	14
2016	7	8	2	6	23
Total	38	52	30	39	159





(1) CDC, *Suicide Among Adults Aged 35–64 Years — United States, 1999–2010*, Weekly May 3, 2013/ 62(17); 321-325. Available at http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6217a1.htm?s_cid=mm6217a1_w

(2) Curtin SC, Warner M, Hedegaard H. *Increase in suicide in the United States, 1999–2014*. NCHS data brief, no 241. Hyattsville, MD: National Center for Health Statistics. 2016.



The Four County

ADAMhs Board

Four County Board of Alcohol, Drug Addiction and Mental Health Services