

Location: Four County ADAMhs Board

"Depression is Treatable, Suicide is Preventable"

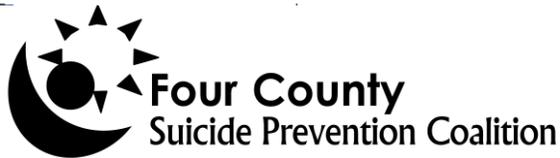
January 25, 2018 Meeting Minutes

www.4countysuicideprevention.org

Present: Les McCaslin, Tonie Long (Four County ADAMhs Board); Karen VonDeylen, Alma Cerda, Kathy Helmke (Four County Family Center/CCC); Deb Weirauch (Fulton County Health Dept); Patsy Miller (Bryan Area Health Education Center); Tante Lovins (United Way Fulton County); Holley Wichman, Cassandra Santen (Intern) (IEC); Bethany Shirkey (MCVG); Jen Casterano (Defiance County General Health District); Tiffany Roloff (Fulton County JFS); Sam Manz (Defiance High School); Kandice Lemley (Fulton County ESG Attendance Officer); Susan Shanks (Patrick Henry Schools); Janet Delcamp (Northwest State Community College)

<u>Issue</u>	<u>Discussion</u>	<u>Action</u>
Karen opened the meeting with introductions, and reminding the members that the Coalition minutes can now be found at www.4countysuicideprevention.org The minutes from October 26, 2017 meeting were approved with no changes.		
<u>Old Business</u>		
General Financial Report: Kathy H.	General Fund: <ol style="list-style-type: none"> 1. Kathy reported that since the last financial report, there were 2 expense paid from the general fund: <ul style="list-style-type: none"> • Reimbursement to Tonie Long for items purchased for the November International Survivors Day Event. • Payment to Hilltop Printing for "Blue Cards" used for youth self assessment for suicide and depression risk. 2. Kathy informed the coalition that there were additional expenses to be reported in February that went toward LOSS Meals 	<ol style="list-style-type: none"> 1. Coalition General Fund Balance: \$2,144.25
Mental Health 1 st Aid: report by Karen V.	<ol style="list-style-type: none"> 1. Karen reported that there was 1 adult model MHFA trainings completed in November 2017. The trainings was sponsored by NAMI, and held at St John's Church in Archbold, with 24 participants trained. A previously scheduled training for Williams County JFS was cancelled in December 2017, and will be rescheduled. There are currently 2 adult model trainings scheduled as follows: <ul style="list-style-type: none"> • 1 Adult MHFA scheduled for 02/02/18 & 02/09/18 for Defiance College • 1 Adult MHFA scheduled for 03/02/18 & 03/09/2018 for Northwest 	<ol style="list-style-type: none"> 1. Karen will continue to update the members on MHFA trainings.

The mission of the Four County Suicide Prevention Coalition is to increase awareness, decrease stigma, and increase people's ability to seek help aimed at suicide prevention.

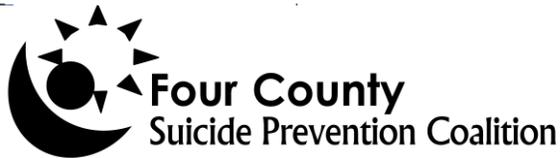


"Depression is Treatable, Suicide is Preventable"

January 25, 2018 Meeting Minutes

www.4countysuicideprevention.org

	State Community College	
LOSS update: Tonie L.	<p>Activity since 10/26/2017 (last meeting):</p> <ol style="list-style-type: none"> 1. Tonie reported that there had been 7 known suicides in the 4-county area since the October 2017 FCSPC meeting. The LOSS Team was activated in response to four of the deaths, and not called for 3 of the deaths. Tonie reported that she followed up with the municipal law enforcement, who reported that they simply forgot to call. Small municipalities continue to be a challenge due to fluctuating and part-time officers. Tonie informed the group that a cookie delivery is scheduled for February, 2018 to share information and remind the officers about LOSS and LOSS procedures. Volunteers will help with the delivery. 2. The LOSS Team volunteers continue to meet monthly. 	<ol style="list-style-type: none"> 1. Tonie will continue to update the Coalition members regarding LOSS activity.
Update on School based Prevention: Alma C., Bethany S.	<ol style="list-style-type: none"> 1. Bethany S. from MVGC reported that she presented SOS at the following Schools: <ul style="list-style-type: none"> •Ayersville High School – Scheduled on October 30th and 31st. 34 students were educated, with 22 screened, 4 scoring 4 or higher on the screen and 1 determined to be “at-risk” for suicide. •Tinora High School – Scheduled on November 7th and 8th. 37 students were educated, with 26 screened, 6 scoring 4 or higher on the screen and 2 determined to be “at-risk” for suicide. <p>Bethany reported that she is in the process of scheduling with Defiance Middle School.</p> 2. Alma C. reported that she presented to the following schools since the October 2017 Coalition meeting: <p><u>Signs of Suicide:</u></p> <ul style="list-style-type: none"> • Swanton HS - 109 students served, 0 students scoring 4 or higher on the screen, 0 student was determined to be at-risk for suicide, with 13 students help-seeking. 	<ol style="list-style-type: none"> 1. Bethany S and Alma C will continue to provide SOS and other youth prevention/education service to area students. 2. Bethany and Alma will continue to report out prevention activities to the coalition.



"Depression is Treatable, Suicide is Preventable"

January 25, 2018 Meeting Minutes

www.4countysuicideprevention.org

- Montpelier Middle School - 32 students served, with 4 students help-seeking.
- Edgerton Middle School - 55 students served, with 3 students help-seeking.
- Edgerton High School - 52 students served, 5 students scoring 4 or higher on the screen, 2 students were determined to be at-risk for suicide, with 1 student help-seeking.
- Liberty Center High School - 35 students served, 3 students scoring 4 or higher on the screen, 0 students were determined to be at-risk for suicide, with 2 students help-seeking.
- Defiance Middle School - 178 students served, with 19 students help-seeking.
- Montpelier High School - 57 students served, 5 students scoring 4 or higher on the screen, 1 student were determined to be at-risk for suicide, with 6 students help-seeking.
- Montpelier Middle School – 35 students were served, with 3 students help-seeking.
- North Central Middle School - 47 students served, with 7 students help-seeking.
- Delta Middle School- 184 students served, with 33 students help-seeking.
- Archbold Middle School - 90 students served, with 2 students help-seeking.
- Wauseon Middle School - 23 students served, 0 students help-seeking.
- Archbold High School - 56 students served, 7 students scoring 4 or higher on the screen, 2 student were determined to be at-risk for suicide, with 1



"Depression is Treatable, Suicide is Preventable"

January 25, 2018 Meeting Minutes

www.4countysuicideprevention.org

	<p>student help-seeking. Alma reports that she is currently scheduling with Edon, Stryker, Holgate, Wauseon and Napoleon Schools Districts</p>	
MIMY ad hoc – Tonie L.	<ol style="list-style-type: none"> 1. Tonie reported that since the October meeting, she had not completed any additional MIMY presentations, but that the media awareness campaign continues. The movie ad will play through the end of the FY 2. Tonie reported that four of the larger area gun retailers were now partnering with the coalition, and distributing the suicide awareness and prevention materials including the targets and the brochures. Tonie shared the targets with the coalition members. Retailers currently sharing the information include the following: Partisan Arms, Rat Pack Pawnshop, Wooden Indian Pawnshop, and The Lead Shed. 	<ol style="list-style-type: none"> 1. Tonie will continue to reach out to appropriate organizations in an effort to target suicide among middle aged males. 2. Tonie will continue to report to the coalition
PCP Presentations – Tonie L	<ol style="list-style-type: none"> 1. Tonie reported there was a PCP presentation scheduled for this afternoon, 1/25/2018, at Defiance Family Physicians (Promedica). Tonie will co-present with Jen Casertano at eh Defiance Health Department. Tonie will encourage screening, while Jen will discuss drug and alcohol issues, including available treatment and the link to suicide. 2. A second presentation is scheduled for the staff and providers at the Napoleon Clinic on 2/7/2018. 3. Presentations are in the process or being scheduled with Mercy Defiance, and Hicksville Community Hospital. 	<ol style="list-style-type: none"> 1. Tonie will continue to reach out to PCP providers in order to encourage early screening and assessment. 2. Tonie will continue to report to the coalition
Updated 2018-2019 Strategic Plan – Tonie L	<ol style="list-style-type: none"> 1. Tonie shared the updated strategic plan with the members. Feedback was positive. The members did not recommend any changes or corrections. Tonie informed the coalition that the new plan would be uploaded to the website. 	<ol style="list-style-type: none"> 1. The membership will use the strategic plan to guide future planning and activity.
International Survivors Day – Karen V. , Tonie L.	<ol style="list-style-type: none"> 1. Karen reported that the Survivor Day event was a success. The day included resources, a movie on recovery, a support group and memorial. A total of 35 area survivors were in attendance; some were know to the team, and others were not. The completed evaluations indicated that the event benefitted those in 	<p>Karen and Tonie will inform the coalition of the next event</p>

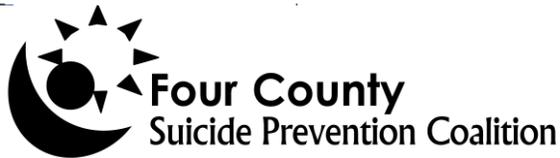


"Depression is Treatable, Suicide is Preventable"

January 25, 2018 Meeting Minutes

www.4countysuicideprevention.org

	<p>attendance. The Survivor Day is planned as an annual event, to be held Saturday November 11/17/2018. The 2017 team included Karen VonDeylen, Billie Jo Horner, Sandra Manon, Theresa May, Peggy Oyer, and Tonie Long. All of the team members also volunteer with the LOSS Team.</p>	
<p><u>New Business</u></p>		
<p>2018 OSPF Mini Grant- Tonie L.</p>	<ol style="list-style-type: none"> 1. Tonie informed the members that the process for the mini-grant, as well as the approved use of funds, has changed for 2018. The funding is now broken down into five categories, with a smaller amount for each category. The LOSS Team is the focus of the support, with each coalition able to apply for and receive funding in two categories. The mini-grant funds cannot be used to purchase food, which will present a challenge for the LOSS Team and for the awareness efforts with the Primary Care offices. 2. One of the categories is a survivor day event, but the deadline for using the funds doesn't fit with the dates of the AFSP Survivor Day event that was held in our area last November 2017. Sam Manz suggested that gift cards be purchased in order to expense the funds, but still be able to support our 2018 even, that is scheduled for 11/17/2018. It was unclear if this would be possible. Tonie agreed to ask. 3. The deadline to submit the application is February 12, 2018. The OFSP will host a webinar on the application process on 1/29/2018. 	<ol style="list-style-type: none"> 1. Tonie will update members on the application and approval process.
<p>Community Safety Project – Tonie L.</p>	<ol style="list-style-type: none"> 1. Tonie discussed the new initiative with the State of Ohio called the Community Safety Project. This is modeled after the Colorado Gun Project, which was the inspiration for the local outreach and partnerships with local firearms retailers and sporting communities. Tonie participated in a meeting on 12/13/2017, on the statewide efforts to expand these partnerships. The initial plan is for the state to be a resource of information and tools for other communities in Ohio, in order to encourage partnerships between mental health and the firearms communities throughout Ohio. There is a follow-up meeting scheduled for 	<ol style="list-style-type: none"> 1. Tonie will continue to update the members on the progress of local efforts to partner with the gun sporting community.



"Depression is Treatable, Suicide is Preventable"

January 25, 2018 Meeting Minutes

www.4countysuicideprevention.org

	February 7, 2018.	
<u>Announcements/Discussion</u>		
Jen Casterano	Jen discussed the partnership between the ADAMhs Board and the area health departments. The collaborative Mental Wellness campaign works to share information on the mental health benefits of exercise, spending time with pets, and proper nutrition. The information is being shared via billboards, radio, print ads, and movie theater PSA's.	
Patsy Miller	Patsy Miller announced that the Act Out drama troupe is scheduled to perform at all Williams County middle schools, including St. Patrick's on February 14, 2018 and February 15, 2018. The cost of the performances will be \$2,300 for the performers, \$400 for the hotels, and approximately \$150.00 for meals (total \$2,850.00). In the past, Family Service of Northwest Ohio (FSNO) provided \$750.00 to offset the cost for the Williams County presentations. This money was provided by FSNO through money received from the Northwest Ohio Educational Service Center (NOESC). Kathy Helmke reported that FSNO was unwilling to provide Act Out for Defiance, Henry and Fulton counties, and would not be providing the offset funding for the Williams county presentations. Tonie Long agreed to reach out to Kerri Gearhart at the NOESC, to explore financial alternatives for maintaining the service.	
Tonie Long	Tonie announced that she will be providing a presentation to the 4-county area guidance counselors on how to manage a student death by suicide. Tonie explained that the weeks following a student suicide must be thoughtfully managed, in order to prevent contagion deaths. The presentation will also include self-care for staff, provided by Drena Teague of the ADAMhs Board.	
Deb Weirauch	Deb announced that Fulton County is progressing with their CHIP, and had recently completed their action plan.	
Janet Delcamp	Janet reported that Northwest State Community College had recently hosted Mental Health First Aid training. The college was very pleased with the training, and the response from participants was very positive. NSCC was looking forward to their next opportunity to participate.	
<u>Next meeting</u>	The next Four County Suicide Prevention Coalition meeting will be held at 7:30am on February 22, 2018 at the Four County ADAMhs Board.	
Minutes submitted by Tonie Long		