

Location: Four County ADAMhs Board

"Depression is Treatable, Suicide is Preventable"

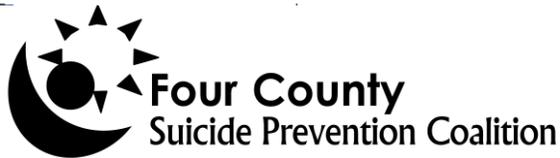
March 22, 2018 Meeting Minutes

www.4countysuicideprevention.org

Present: Les McCaslin, Tonie Long (Four County ADAMhs Board); Karen VonDeylen, Alma Cerda, Gaby Hawkins (Intern), Billie Jo Horner (Four County Family Center/CCC); Deb Weirauch (Fulton County Health Dept); Patsy Miller (Bryan Area Health Education Center); Tante Lovins (United Way Fulton County); Holly Wichman, (Independence Education Center)); Kerri Gearhart, Laura Kamp, Kandice Lemley (Northwest Ohio Educational Service Center), Janet Delcamp (Northwest State Community College), Tiffany Roloff (Fulton County JFS), Jessica Kajfasz (Recovery Services of Northwest Ohio), Bethany Shirkey (Maumee Valley Guidance Center), Amanda Waldfoegel, Peggy Oyer (LOSS), Matt Rizzo, Wendy Shaheen (A Renewed Mind)

<u>Issue</u>	<u>Discussion</u>	<u>Action</u>
Karen opened the meeting with introductions, and reminding the members that the Coalition minutes can now be found at www.4countysuicideprevention.org The minutes from February 22, 2018 meeting were approved with no changes.		
<u>Old Business</u>		
General Financial Report: Karen V., Tonie L.	General Fund: 1. Karen reported that since the last financial report, there were no additional expenses paid from the general fund: 2. Tonie informed the coalition that effective April, 2018 Maumee Valley Guidance Center has agreed be the fiscal agent for the FCSPC. Tonie spoke with Kim Grimes at MVGC, who agreed to provide monthly financial reports for the coalition. Tonie also reported that she had received notification from Linda Condit of FSNO that a check for \$1,653.96 in coalition funds had been sent to MVGC to steward.	1. Coalition General Fund Balance: \$1,653.96
Mental Health 1 st Aid: report by Karen V.	1. Karen reported that there was 1 MHFA training completed since the February 2018 meeting <ul style="list-style-type: none"> • 1 Adult MHFA on 03/02/18 & 03/09/2018 for Northwest State Community College 2. There is 1 Youth MHFA training currently scheduled as follows: <ul style="list-style-type: none"> • 1 Youth MHFA scheduled for 04/20/2018 for NAMI 	1. Karen will continue to update the members on MHFA trainings.

The mission of the Four County Suicide Prevention Coalition is to increase awareness, decrease stigma, and increase people's ability to seek help aimed at suicide prevention.

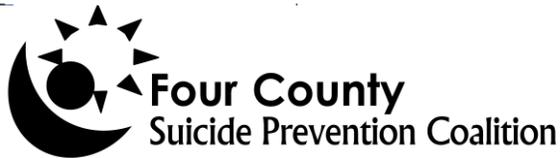


"Depression is Treatable, Suicide is Preventable"

March 22, 2018 Meeting Minutes

www.4countysuicideprevention.org

<p>LOSS update: Tonie L., Mandy W</p>	<p>LOSS Activity since 02/22/2018 (last meeting):</p> <ol style="list-style-type: none"> 1. Tonie reported that there have been 2 deaths by suicide in the four county area: <ul style="list-style-type: none"> • 1 Fulton • 1 Defiance 2. Tonie also informed the group that the LOSS Team had started using the resource materials recently received from the Ohio Suicide Prevention Foundation. Volunteers have found the information to be helpful. 3. Tonie informed the coalition members that the makeup of the LOSS On-call leadership would be changing to include staff from MVGC. This change was driven out of the closure of FCFC/CCC, and MVGC's expanded role in suicide prevention. 4. Mandy informed the group that the LOSS Team would be attending the screening of "The Ripple Effect – The Kevin Himes Story" on April 16, 2018. Other members expressed interest in the movie, so Tonie agreed to provide the link. 	<ol style="list-style-type: none"> 1. Tonie will continue to update the Coalition members regarding LOSS activity.
<p>Update on School based Prevention: Alma C., Bethany S., Patsy M.</p>	<ol style="list-style-type: none"> 1. Alma C. from FCFC reported that she presented SOS at the following Schools: <ul style="list-style-type: none"> • Holgate HS - 16 students served, 0 students scoring 4 or higher on the screen, 0 students were determined to be at-risk for suicide, with 0 student help-seeking. • Napoleon Middle School - 124 students served, with 8 students help-seeking. • Hilltop MS/HS - 45 students served, 0 students scoring 4 or higher on the screen, 0 students were determined to be at-risk for suicide, with 2 students help-seeking. • North Central HS - 21 students served, 2 students scoring 4 or higher on the screen, 0 students were determined to be at-risk for suicide, with 0 students help-seeking. • Montpelier HS- 27 students served, 4 students scoring 4 or higher on the screen, 1 student was determined to be at-risk for suicide, with 2 students help-seeking. • Evergreen HS 61 students served, 0 students scoring 4 or higher on the screen, 0 students were determined to be at-risk for suicide, with 2 students help-seeking. 2. Bethany S's of MVGC reported her youth prevention activity as follows: <ul style="list-style-type: none"> • Bethany served 9th grade students at Fairview High School on February 22nd & 23rd 2018. 32 were educated, 11 students were screened, 3 answered "yes" to 3 or more questions, 2 were determined to be at-risk for suicide. • Bethany served 9th grade students at Defiance High School on February 26th & 28th 2018. 	<ol style="list-style-type: none"> 1. Bethany S and Alma C will continue to provide SOS and other youth prevention/education service to area students. 2. Reports will continue to be provided to the coalition.



"Depression is Treatable, Suicide is Preventable"

March 22, 2018 Meeting Minutes

www.4countysuicideprevention.org

	<p>103 were educated, 51 students were screened, 11 answered "yes" to 3 or more questions, 5 were determined to be at-risk for suicide.</p> <ul style="list-style-type: none"> Bethany served the 9th grade students at Tinora High School on March 12th and 13th 2018. 47 were educated, 44 students were screened, 9 answered "yes" to 3 or more questions, 3 were determined to be at-risk for suicide. Bethany served 7th & 8th grade students at Tinora Middle School on March 12th & 13th 2018. 88 students were educated, 75 were screened, 11 answered "yes" to 3 or more indicators, and 7 were determined to be at risk for suicide. <p>3. Patsy Miller reported on Act Out. The performance that was canceled due to fog was rescheduled for May 7, 2017 for St. Patrick's, Hilltop, and Stryker. All Public Schools in Williams County will have received the service. Patsy will provide the outcomes and evaluations from Act Out to the coalition.</p> <p>4. Tonie reported that all youth suicide prevention services will now be provided by MVGC effective May 1, 2018. She thanked Alma Cerda for her service to the community and the coalition, as this would be her last meeting.</p>	<p>3. Patsy will update the coalition on the rescheduled performance, and will share the outcomes with the members when available.</p>
<p>PCP Presentations – Tonie L</p>	<p>1. Tonie reported there was one PCP presentation held since the February 2018 meeting as follows:</p> <ul style="list-style-type: none"> Defiance Mercy - Tonie and Jen Casertano presented to Defiance Mercy staff. They reported that they were currently screening regularly using the PHQ2 and 9. They were interested in the ASQ for youth 10-24 y/o. <p>2. Tonie was happy to report that she has scheduled to present to the providers at Hicksville Community Hospital on April 23, 2018. Tonie informed the coalition that she had began reaching out to this group in order to provide information on suicide screening for 1.5 years, so this was a very positive occurrence.</p>	<p>1. Tonie will continue to encourage early screening and assessment.</p> <p>2. Tonie and Jen will continue to report to the coalition</p>



"Depression is Treatable, Suicide is Preventable"

March 22, 2018 Meeting Minutes

www.4countysuicideprevention.org

Community Presentations – Tonie L.	<ol style="list-style-type: none"> 1. Tonie reported that she had presented to the Stephen’s Ministry at Trinity Lutheran Church (Wauseon) on 3/19/18. There were 22 in attendance, and the information was well received. Other scheduled presentations include <ul style="list-style-type: none"> • Montpelier Hospital (general) – 4/9/2018 • Fulton County Health Department (screening) – 4/19/2018 	<ol style="list-style-type: none"> 1. Tonie will continue to update the coalition.
2018 OSPF Mini Grant- Tonie L.	<ol style="list-style-type: none"> 1. Tonie informed the members that the Ohio Suicide Prevention Foundation mini-grant in the form of two \$500 awards was secured by the coalition. When the funds arrive, Tonie will purchase a cell phone that will allow law enforcement to contact the LOSS on-call person directly. Resources for survivors in our community will also be purchased. 	<ol style="list-style-type: none"> 1. Tonie will update members on the purchasing process.
<u>New Business:</u>		
Coalition Motto – Laura K., Amada W.	<ol style="list-style-type: none"> 1. Laura Kamp, along with Mandy Waldfogel, Peggy Oyer, Alma Cerda, and Billie Jo Horner discussed the impact that the coalition motto on survivors of suicide. Laura commented that it adds to the guilt that many survivors feel, by suggesting that all suicides are preventable. She, along with the other survivors in attendance, shared how they did all that they could do to save their loved one, yet they still died. The motto, as it currently stands, <i>"Depression is treatable, suicide is preventable"</i> reportedly felt hurtful as they did all that they could to prevent the death of their loved ones. They suggested that the coalition consider updating the current motto. 2. Tonie Long asked the membership to consider changing the motto, and they agreed. Tonie will request suggestions from the membership, as well as those survivors in attendance and on the LOSS Team. Tonie did remind the membership, that the motto was a slogan used and suggested by the state. 	<ol style="list-style-type: none"> 1. Tonie L. will reach out to the LOSS Team, the FCSPC, and those survivors n attendance for motto update suggestions. 2. Tonie L. will keep the FCSPC informed of the progress.
Crisis Hotline/Text Line – Les M., Tonie L.	<ol style="list-style-type: none"> 1. Les McCaslin informed the FCSPC of the discontinuation of the local 2-1-1 information and referral service. He stated the current provider, Family Service of Northwest Ohio, will close effective April 30, 2018. In the process of this closure, FSNO terminated their agreement with the National AIRS board, which resulted in significant barriers to our ability to continue the 2-1-1 service through another provider. The ADAMhs Board is aware of the need for a crisis line, and will support significant promotion of the 	<ol style="list-style-type: none"> 1. Les M. will continue to update the FCSPC

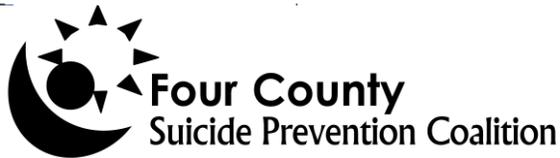


"Depression is Treatable, Suicide is Preventable"

March 22, 2018 Meeting Minutes

www.4countysuicideprevention.org

	<p>on-going local hotline number, 1-800-468-HELP (4357).</p> <p>2. Tonie Long Discussed the discontinuation of the current Teen line and the Teen Crisis Text/Chat service. The current reality is that teens do not choose to talk n the telephone, so the volume on the help line was extremely low. The Teen Text/chat was used slightly more, but the volume was still low. The State of Ohio has a Crisis Text Chat service available, which can be accessed by texting 4Hope to 741741. The service was never promoted locally, because it didn't make sense to compete with a local product. With the current changes to our delivery system, it makes sense to partner with the state's system. Tonie reported the benefits to this partnership to include:</p> <ul style="list-style-type: none"> • Quality , reliable service to the community • Cost savings by not paying to provide the service locally • Cost savings by accessing the state purchased promotional materials, which will allow for expanded promotion and utilization of the service. • Expanded service to included both youth and adults. 	<p>2. Tonie L. will continue to update the FCSPC</p>
<p>April Meeting Change – Tonie L.</p>	<p>1. Tonie informed the collation members that the April 26, 2018 meeting will need to be moved, due to week long CIT Training that will be hosted by the ADAMhs Board. The likely location will be Lutheran Social Service, located next door to the Board. Tonie will confirm, this change, and send out an email notification.</p>	<p>1. Tonie L. will inform the FCSPC members via email.</p>
<p><u>Announcements/Discussion</u></p>		
<p>Tonie Long</p>	<p>Tonie announced that she will participate in a <i>Coalition Sustainability</i> Training hosted by the Ohio Suicide Prevention Foundation on March 26, 2018. She also announced an upcoming training on Assessing and Managing Suicide Risk scheduled for June 4, 2018. Details of this training will be found on the coalition website. Tonie also announced that she and Matt Rizzo, CEO of ARM, will be on the WBNO medical hour on April 4, 2018 from 10-11am</p>	
<p>Kerri Gearhart/Laura Kamp</p>	<p>Kerri announced that the ESC was currently working on a grant to expand the PAX program in the 4 county area. Laura Kamp has brought on 14 school districts in addition to the Williams County schools still using PAX in 2018, and does not have enough time to effectively manage all the requests that are received. Laura reported that in May of 217, there were 4 schools participating, with 90 individual teachers using the program. In April of 2018, there are now 14 schools using the program, and more than 280</p>	



"Depression is Treatable, Suicide is Preventable"

March 22, 2018 Meeting Minutes

www.4countysuicideprevention.org

	teachers using the program in their classrooms.
Deb Weirauch	Deb shared information regarding the DOSS Team that is currently run in Allen-Auglaize-Hardin counties. The program is run very similarly to the LOSS Team, but targets individuals who lose loved ones to drug overdose.
Next meeting	The next Four County Suicide Prevention Coalition meeting will be held at 7:30am on April 26, 2018, with the location to be determined.
Minutes submitted by Tonie Long	