

Location: Four County ADAMhs Board

"Depression is Treatable, Suicide is Preventable"

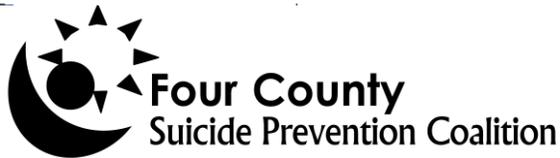
October 26, 2017 Meeting Minutes

www.4countysuicideprevention.org

Present: Les McCaslin, Tonie Long (Four County ADAMhs Board); Karen VonDeylen, Kathy Helmke (Four County Family Center/CCC); Deb Weirauch (Fulton County Health Dept); Patsy Miller (Bryan Area Health Education Center); Tante Lovins (United Way Fulton County); Holley Leupp (IEC); Bethany Shirkey (MCVG); Jen Casterano (Defiance County General Health District); Mike Harbour (Hands of Grace); Katie Whitman (Recovery Services); Tiffany Roloff (Fulton County JFS); Mari Yoder (Fairlawn Nursing Home)

<u>Issue</u>	<u>Discussion</u>	<u>Action</u>
Karen opened the meeting with introductions, and reminding the members that the Coalition minutes can now be found at www.4countysuicideprevention.org . The minutes from September 28, 2017 meeting were approved with no changes.		
<u>Old Business</u>		
General Financial Report: Kathy H.	General Fund: 1. Kathy reported that since the last financial report, there were no expenses. She noted that there would be an invoice for printing costs to reproduce the "Blue Cards" coming soon	1. Coalition General Fund Balance: \$2,255.82
Mental Health 1 st Aid: report by Karen V.	1. Karen reported that there were 3 MHFA trainings completed in October, with all 3 being the youth model. The trainings were held for the Defiance County United Way, The Juvenile Detention Center, and the Christ United Methodist Church. A total of 44 participants were trained. There are currently 2 trainings scheduled as follows: <ul style="list-style-type: none"> • 1 Adult MHFA scheduled for 11/09/17 2017 for NAMI • 1 Adult MHFA scheduled for 12/11/17 for Williams County JFS December 	1. Karen will continue to update the members on MHFA trainings.

The mission of the Four County Suicide Prevention Coalition is to increase awareness, decrease stigma, and increase people's ability to seek help aimed at suicide prevention.

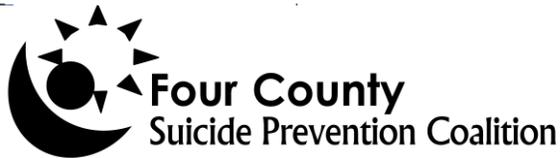


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<p>LOSS update: Tonie L.</p>	<p>Activity since 09/28/17(last meeting):</p> <ol style="list-style-type: none"> 1. Tonie reported that there had been 1 known suicide in the 4-county area since the September 2017 FCSPC meeting. The LOSS Team was not activated in response to the death at the request of the family. This was likely due to a variation in procedure by the assistant coroner. 2. The LOSS Team volunteers continue to meet monthly. 	<ol style="list-style-type: none"> 1. Tonie will continue to update the Coalition members regarding LOSS activity.
<p>Update on School based Prevention: Karen V. (for Alma C.), Bethany S.</p>	<ol style="list-style-type: none"> 1. Bethany S. from MVGC reported that she presented SOS at the following Schools: <ul style="list-style-type: none"> •Fairview High School – October 18th and 19th 2017. 29 students were educated, 12 were screened with 3 responding “yes” to 3 or more items. 2 students were determined to be at-risk for suicide. •Defiance High School – October 23rd and 24th. 97 students were educated, 36 were screened with 14 responding “yes” to 3 or more items. 5 students were determined to be at-risk for suicide. •Ayersville High School – Scheduled for October 30th and 31st •Tinora High School – Scheduled for November 7th and 8th 2. Karen VonDeylen reported on behalf of Alma C. The following schools since the September 2017 Coalition meeting: <p><u>Signs of Suicide:</u></p> <ul style="list-style-type: none"> • Holgate HS - 14 students served, 0 students scoring 4 or higher on the screen, 0 student was determined to be at-risk for suicide, with 0 students help-seeking. • Fairview Middle School - 69 students served, with 6 students help-seeking. • Patrick Henry High School - 40 students served, 0 students scoring 0 or higher on the screen, 0 students were determined to be at-risk for suicide, 	<ol style="list-style-type: none"> 1. Bethany S and Alma C will continue to provide SOS and other youth prevention/education service to area students.



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	<p>with 0 students help-seeking.</p> <ul style="list-style-type: none"> • Swanton Middle School - 78 students served, with 5 students help-seeking. • IEC - 8 students served, with 3 students help-seeking. • Patrick Henry Middle School - 51 students served, with 7 students help-seeking. 	
MIMY ad hoc – Tonie L.	<ol style="list-style-type: none"> 1. Tonie reported that since the September meeting, she had not completed any additional presentations. 2. Tonie reported that 2 new PSAs featuring community member’s stories of hope and loss are currently playing on all area iHeart radio stations as well as WBNO and WMTR. The PSAs were played for the coalition members in attendance. 3. Tonie reported that the on-going ads in the local papers featuring information on suicide and suicide prevention were also currently in rotation and can be seen weekly in the Bryan Times, the Northwest Signal, and the Defiance Crescent. Tonie shared the ad with the members. 4. Tonie reported that she and LOSS volunteer and survivor Billie Jo Horner will were on the WBNO Medical Hour discussing Suicide Prevention and the impact of suicide on families and communities. 	<ol style="list-style-type: none"> 1. Tonie will continue to reach out to appropriate organizations in an effort to target suicide among middle aged males.
Update of Strategic Plan – Tonie L	<ol style="list-style-type: none"> 1. Tonie reported that a rough draft of the updated plan is complete, and requested that 2 or 3 members agree to review for corrections and suggestions. Tonie emphasized that the plan really should NOT be written by one person. Karen VonDeylen, Jen Casterano, and Mari Yoder agreed to review the 2018-2019 plan. Tonie will email it to those members, with a completion goal for approval at January 2018 meeting. 	<ol style="list-style-type: none"> 2. Tonie will share the updated plan with the members upon completion.
International Survivors Day –	<ol style="list-style-type: none"> 1. Tonie reported that the Survivor Day event planning was going very well, with Peggy Oyer, Karen VonDeylen, Billie Jo Horner, Tonie Long and Sandra Manon on the committee. Posters advertising the event were shared for posting. The general 	<p>Tonie will share the updates with the members.</p>



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Tonie L.	<p>event agenda including a video, guided discussion, speakers, memorial activity to honor the lives of the deceased, and lunch was shared with the coalition members. Those interested in attending should contact Tonie or register at http://afsp.org/survivor_day/archbold-ohio/</p>	
<u>New Business</u>		
November 2017 and December 2017 meeting date changes – Karen V	<p>Karen reported that the next 2 meetings fall on or near major holidays. The November 2017 meeting will be cancelled. The December 2017 meeting will be moved to Thursday, December 14, 2017. Regular monthly meetings on the 4th Thursday of each month at 7:30am will resume in January 2018.</p>	<p>Karen V will notify the members of any changes or cancellations</p>
<u>Announcements/Discussion</u>		
Less M.	<p>Discussed his concerns regarding the continued focus on opioids, which the data shows is not an epidemic in our 4- counties. There were 4 documented deaths so far in 2017. Les further stated that alcohol continues to be the main problem with regard to drugs and alcohol, and that suicide remains a much bigger concern with 20 deaths this calendar year. He also reported that the partnerships with local health departments and the ADAMhs Board are going well. There will be 26 billboards throughout the 4 counties raising awareness about the link between physical and mental wellness.</p>	
<u>Next meeting</u>	<p>Next meeting will be December 14, 2017 at 7:30am at the ADAMhs Board</p>	
<p>Minutes submitted by Tonie Long</p>		