



Location: Four County ADAMhs Board

"Preventing suicide through education and awareness"  
**September 26, 2018 Meeting Minutes**  
[www.4countysuicideprevention.org](http://www.4countysuicideprevention.org)

Present: Tonie Long, Les McCaslin (Four County ADAMhs Board); Billie Jo Horner, Karen VonDeylen, Bethany Shirkey (Maumee Valley Guidance Center); Deb Weirauch (Fulton County Health Dept); Patsy Miller (Bryan Area Health Education Center); Holly Wichman, (Independence Education Center); Amanda Waldfoegel, (A Renewed Mind); Vera Frank (Recovery Services of NWO), Jen Casertano, (Defiance Public Health); Shelly Ahleman, Ashley Braucksieck (Liberty Center Schools); Laura Rohlf (OSU Extension Office); Kandice Lemley (Northwest Ohio Educational Service Center); Sandra Manon (Henry County Hospital); Sam Manz (Defiance High School); Susan Shanks (Patrick Henry Schools); Tiffany Roloff (Fulton County JFS); Jessica Meyers (Defiance County Drug Free Coalition)

<u>Issue</u>	<u>Discussion</u>	<u>Action</u>																		
Karen opened the meeting with introductions, and reminding the members that the Coalition minutes can now be found at <a href="http://www.4countysuicideprevention.org">www.4countysuicideprevention.org</a>																				
<b>Old Business</b>																				
General Financial Report: Karen V.	General Fund: <ol style="list-style-type: none"> <li>1. Karen reported a beginning balance of \$1,653.96, with the following withdrawals made:                             <ul style="list-style-type: none"> <li>• \$82.24 on 5/29/18</li> <li>• \$137.63 on 7/17/18</li> <li>• \$23.00 on 8/27/2018</li> </ul>                             Leaving a balance of \$1,409.09                         </li> <li>2. Karen reported that there was a pending withdrawal of \$207.47 for Yellow Ribbon Campaign cost, as well as a pending donation from Liberty Center Schools.</li> </ol>	<ol style="list-style-type: none"> <li>1. Ending balance of the FCSPC General fund is \$1,409.09. Karen will continue to report to the coalition.</li> </ol>																		
Mental Health 1 <sup>st</sup> Aid: report by Billie Jo H.	<ol style="list-style-type: none"> <li>1. Billie Jo reported that the following completed Mental Health First Aid Trainings:                             <table border="1" style="margin-left: 20px; border-collapse: collapse; width: 100%;"> <tbody> <tr> <td style="text-align: center;">Aug. 29, 2018</td> <td style="text-align: center;">Veteran Admin</td> <td style="text-align: center;">NWOESC</td> <td style="text-align: center;">Adult – Veteran</td> <td style="text-align: center;">BJ and Karen</td> <td style="text-align: center;">14 people certified</td> </tr> <tr> <td style="text-align: center;">Sept. 6 &amp; 13, 2018</td> <td style="text-align: center;">2<sup>nd</sup> Baptist Church</td> <td style="text-align: center;">2<sup>nd</sup> Baptist Church – Def.</td> <td style="text-align: center;">Adult</td> <td style="text-align: center;">BJ and Karen</td> <td style="text-align: center;">13 people certified</td> </tr> <tr> <td style="text-align: center;">Sept. 24, 2018</td> <td style="text-align: center;">Fulton Co. Health Dept.</td> <td style="text-align: center;">Fulton County Museum</td> <td style="text-align: center;">Youth</td> <td style="text-align: center;">BJ and Bethany</td> <td style="text-align: center;">10 people certified</td> </tr> </tbody> </table> </li> </ol>	Aug. 29, 2018	Veteran Admin	NWOESC	Adult – Veteran	BJ and Karen	14 people certified	Sept. 6 & 13, 2018	2 <sup>nd</sup> Baptist Church	2 <sup>nd</sup> Baptist Church – Def.	Adult	BJ and Karen	13 people certified	Sept. 24, 2018	Fulton Co. Health Dept.	Fulton County Museum	Youth	BJ and Bethany	10 people certified	<ol style="list-style-type: none"> <li>1. Billie Jo will continue to update the members on MHFA trainings.</li> </ol>
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The mission of the Four County Suicide Prevention Coalition is to increase awareness, decrease stigma, and increase people’s ability to seek help aimed at suicide prevention.



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	<p>2. Billie Jo reported the following pending trainings currently scheduled:</p> <table border="1" data-bbox="470 315 1535 513"> <tr> <td>Oct. 4 &amp; 12, 2018</td> <td>Cecily Rohrs</td> <td>TBD</td> <td>Adult</td> <td>BJ and Karen</td> <td></td> </tr> <tr> <td>Oct. 29, 2018</td> <td>NAMI</td> <td>St. John's in Archbold</td> <td>Adult</td> <td>BJ and Karen</td> <td></td> </tr> <tr> <td>Mar 18, 2019</td> <td>Fayette School</td> <td>TBD</td> <td>Youth</td> <td>BJ &amp; Bethany</td> <td></td> </tr> </table>	Oct. 4 & 12, 2018	Cecily Rohrs	TBD	Adult	BJ and Karen		Oct. 29, 2018	NAMI	St. John's in Archbold	Adult	BJ and Karen		Mar 18, 2019	Fayette School	TBD	Youth	BJ & Bethany																																																		
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<p>LOSS update: Tonie L.</p>	<p>LOSS Activity since 08/23/2018 (last meeting):</p> <ol style="list-style-type: none"> <li>Tonie reported that there have been 3 deaths by suicide in the four county area since the May 2018 Meeting: <ul style="list-style-type: none"> <li>1 Defiance County</li> <li>1 Fulton County</li> <li>1 Williams County</li> </ul> </li> <li>Tonie informed the group that the LOSS Team was called by Police, Fire, and the county coroner, which was a positive note. She informed the coalition members that the Team was moving to an every/other month meeting schedule. Tonie also expressed a need for an increase in the number of volunteers for the team, mainly survivors. Tonie expressed the challenge of getting volunteers who are able to respond during the work day. Replacement training is pending for December.</li> </ol>	<ol style="list-style-type: none"> <li>Tonie will continue to update the Coalition members regarding LOSS activity</li> </ol>																																																																		
<p>Update on School based Prevention: Bethany S.</p>	<ol style="list-style-type: none"> <li>Bethany S reported that the following had been <b>completed</b>/scheduled for Signs of Suicide: <table border="1" data-bbox="380 1057 1593 1474"> <thead> <tr> <th>School</th> <th>Grade</th> <th>Educated</th> <th>Screened</th> <th>Yes to 3+</th> <th>At Risk For Suicide</th> </tr> </thead> <tbody> <tr> <td>Archbold High School (9/6-9/7)</td> <td>9</td> <td>54</td> <td>33</td> <td>3</td> <td>0</td> </tr> <tr> <td>Edon High School (9/13 &amp; 9/25)</td> <td>9</td> <td>33</td> <td>8</td> <td>2</td> <td>1</td> </tr> <tr> <td>Edon Middle School (9/13 &amp; 9/25)</td> <td>7</td> <td>32</td> <td>11</td> <td>1</td> <td>1</td> </tr> <tr> <td>Liberty Center Middle School (9/17 &amp; 9/18)</td> <td>7</td> <td>78</td> <td>n/a</td> <td>n/a</td> <td>n/a</td> </tr> <tr> <td>Liberty Center Middle School (9/17 &amp; 9/18)</td> <td>8</td> <td>85</td> <td>n/a</td> <td>n/a</td> <td>n/a</td> </tr> <tr> <td>Stryker High School (10/3 &amp; 10/4)</td> <td>9</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Stryker Middle School (10/3 &amp; 10/4)</td> <td>7</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Fairview Middle School (10/9 &amp; 10/12)</td> <td>7</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Ayersville High School (10/15 &amp; 10/16)</td> <td>9</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Bryan Middle School (10/18 &amp; 10/19)</td> <td>7</td> <td></td> <td></td> <td></td> <td></td> </tr> </tbody> </table> </li> </ol>	School	Grade	Educated	Screened	Yes to 3+	At Risk For Suicide	Archbold High School (9/6-9/7)	9	54	33	3	0	Edon High School (9/13 & 9/25)	9	33	8	2	1	Edon Middle School (9/13 & 9/25)	7	32	11	1	1	Liberty Center Middle School (9/17 & 9/18)	7	78	n/a	n/a	n/a	Liberty Center Middle School (9/17 & 9/18)	8	85	n/a	n/a	n/a	Stryker High School (10/3 & 10/4)	9					Stryker Middle School (10/3 & 10/4)	7					Fairview Middle School (10/9 & 10/12)	7					Ayersville High School (10/15 & 10/16)	9					Bryan Middle School (10/18 & 10/19)	7					<ol style="list-style-type: none"> <li>Bethany S will continue to provide reports the FCSPS</li> </ol>
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	Edgerton High School (10/22 & 10/23)	9					
	Edgerton Middle School (10/22 & 10/23)	7					
	Tinora High School (10/25 & 10/26)	9					
	Tinora Middle School (10/24 & 10/26)	7					
	Defiance High School (10/31 & 11/1)	9					
	Fairview High School (11/8 & 11/9)	9					
	Montpelier High School (11/12 & 11/13)	9					
	Delta Middle School (11/19 & 11/20)	7					
	Wauseon Middle School (11/28 & 11/29)	7					
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	Archbold Middle School (12/18 & 12/19)	7					
	North Central Middle School (1/15/19 & 1/16/19)	7					
	North Central High School (1/15/19 & 1/16/19)	9					
Coalition Promotion: Tonie L.	<ol style="list-style-type: none"> <li>1. Tonie reported that the Four County Suicide Prevention Coalition now had a Facebook Page, and the page is up and running. Tonie requested that all of the coalition members "like" and share the page to promote it. Content of the page will include local events related to suicide prevention, as well as information on prevention and treatment.</li> <li>2. Administrators of the page will include Karen VonDeylen, Billie Jo Horner, and Tonie Long</li> </ol>						<ol style="list-style-type: none"> <li>1. Tonie will continue to update the coalition on promotional efforts.</li> </ol>
Community Presentations: Tonie L.	<ol style="list-style-type: none"> <li>1. Tonie reported that she is schedule to speak at the NAMI Candlelight Vigil on October 7, 2018,</li> <li>2. Tonie is also scheduled to speak to Henry County CASA on November 20, 2018</li> </ol>						<ol style="list-style-type: none"> <li>1. Tonie will continue to update on Community Awareness.</li> </ol>
Gun Safety Project: Tonie L.	<ol style="list-style-type: none"> <li>1. Tonie shared a "Thank You" letter that is to be sent to all of the current and future Gun Safety Partners. Suggestions for improving the letter were made. The letter will be sent on behalf of the coalition, and will be signed by Tonie L. and Karen V.</li> </ol>						<ol style="list-style-type: none"> <li>1. Tonie will continue to reach out to firearms dealers in the area, and update coalition</li> </ol>



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Survivor of Suicide Event: Tonie L.,	1. Tonie shared the poster developed to promote the survivor day event, and encouraged anyone willing to post it to do so. Additional posters will be printed and distributed.	1. Tonie will continue to provide updates.												
Suicide Prevention Month – Billie Jo H., Karen V., Jessica M.,	<p>1. Billie Jo shared that the Stomp the Stigma display has been expanded, and is currently on display at the Napoleon Police Department. The process to have the display at the county court houses as initially planned was discovered to be lengthy, and time did not allow this to occur. This will be the plan for next year. The display was also set up at the Fulton County Fair on 8/31-9/7, Defiance College beginning September 25<sup>th</sup>, as well as a Bryan location to be determined.</p> <p>2. Karen V. reported that this year 11 school districts participated in the Yellow Ribbon campaign. This represented a significant increase over last year. Karen reported that the program content was also expanded over previous years, and was well received. The area school districts that participated were as follows:</p> <table border="1" data-bbox="554 815 1201 977"> <tr> <td>Edon</td> <td>Edgerton</td> <td>Montpelier</td> </tr> <tr> <td>Hilltop</td> <td>Stryker</td> <td>Fairview</td> </tr> <tr> <td>Wauseon</td> <td>Swanton</td> <td>Delta</td> </tr> <tr> <td>Napoleon</td> <td>Liberty Center</td> <td></td> </tr> </table> <p>3. Jessica Meyers discussed the upcoming One Step at a Time 5K that is scheduled to take place Saturday September 29, 2018. Jessica informed the group that same day registration was available, and that while One Step T Shirts could not be guaranteed, there were plenty available. In addition to a 5K run/walk, the <i>Memory Mile</i> would be a part of the event activities. Same day registration opens at 7:00 am, with the race beginning at 9:00. Proceeds go toward suicide prevention efforts within Defiance County. One effort supported through 5K funds is “Teen Pep” which is a suicide prevention program active in Defiance Schools.</p>	Edon	Edgerton	Montpelier	Hilltop	Stryker	Fairview	Wauseon	Swanton	Delta	Napoleon	Liberty Center		1, 2, & 3. Updates will continue.
Edon	Edgerton	Montpelier												
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<b><u>New Business:</u></b>														
Training-	Tonie informed the members of an upcoming training with national speaker Stuart Smith titled “ <i>Navigating</i> ”	1. Update to												



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Tonie L.	<i>Troubled Waters; Working with Complex Grief</i> ". Registration forms were shared. Tonie shared her experience in hearing Mr. Smith speak, and encouraged members to consider attending. Tonie discussed that the fee for the training was \$25 for those not requiring CEUs. See the BHP's website for more information or online registrations.	continue.
Website – Lou L.	Lou Levy was not in attendance. Information on linking websites was tabled.	1. Tonie will follow up with Lou to confirm October attendance
LC Bake Sale – Shelly A.	1. Shelly Ahleman, Guidance Counselor at Liberty Center Schools, along with Suicide Prevention Student Chair Alyssa Decant presented the coalition with a check for \$530, which was raised by Liberty Center students through a bake sale during Suicide Prevention and Awareness month. Shelly reported that 263 kids were screened, resulting in 32 sets of parents contacted regarding concerns.	2. Funds will be used to support the FCSPC efforts
<b><u>Announcements/Discussion</u></b>		
Tonie L	Tonie reported that BJ Horner and she will be attending the 2018 Ohio Suicide Prevention Conference in Columbus on September 28, 2018. A free LGBTQ Cultural Competency training will also be sponsored by the ADAMhs Board on November 30, 2018. Enrollment is limited. For questions, see Tonie Long	
Karen V.	Karen encouraged members to check out the television drama "A Million Little Things" which does a good job exploring suicide. Karen stated that this was a good response to "13 Reasons Why", which displays suicide and its causes in an unhelpful manner.	
Jen C.	Jen encouraged members to look out for the new park signs promoting mental wellness, as well as the videos that are frequently posted to the Defiance County Public Health Facebook page. Jen also discussed the television spots that are currently airing on channel 13.	
Minutes submitted by Tonie S. Long		